

Use the following thoughts and questions to have a spiritual conversation as a family. Don't emphasize having the right answer, but focus on spending time discussing the Word as a family.

Scripture

Nehemiah 8:1-6; 9:1-5; 10:28-29

Session Summary

God was faithful to His people—to sustain them during their years in exile, to bring them back to rebuild the temple, and to allow them to rebuild the walls of Jerusalem under Nehemiah's leadership. With the walls and the temple rebuilt, God's people were ready to experience a revival—they heard God's Word and sought to obey it. The Law required the nation to gather to hear the Word of God read every seven years, and in response, God's people would spend six hours in deep confession to the Lord. Verse 28 described a diverse grouping united in heart, having mutual encouragement and accountability.

Conversation Questions

- When has God showed Himself faithful to our family? How did we respond to that faithfulness?
- Does our family prioritize time in God's Word? What does that look like?
- Why is confession important for us to put into practice daily?
- How does our family encourage and share accountability with each other?

Family Challenge

To start, have each person in your family take a turn to describe the state of their spiritual life in one word. Afterwards, look at the spiritual disciplines below and rate them on a scale from 1-10 on how your family is prioritizing those disciplines. 10 would be prioritizing that discipline above all things in life and 1 would be a discipline your family hasn't attempted. Celebrate the disciplines your family scores high in, then discuss how you can improve your progress with the others.

___ Bible Reading

___ Church Involvement

___ Evangelism

___ Praying

___ Serving at Church

___ Mission Trips

___ Fasting

___ Scripture Memorization

___ Scripture Meditation